

THE LOWE DOWN



Sunday Morning 10am and 11.30am

Sunday Evening 7pm

Presbyterian Herald publication has returned to its normal monthly edition and is now available for collection at Lowe. The subscription for 2022 remains at £15. Cheques should be made payable to Lowe Memorial Church and left at Lowe in the envelope provided on Sundays or Tuesday mornings or sent to Pat Martin. Please contact Pat if you are unable to collect from church.

Prayer for Lowe is attached to your email today. Please take time to use this throughout the month.

- Prayer Meeting on this week7.30pm
- We have an exciting new series of spiritual initiatives and focus for February which will be published via email and hard copy next weekend.
- Please continue to use Lateral Flow Tests before leaving for Church services on Sundays. Let's keep everyone safe!
- We have an ongoing collection for GLASS JARS in the hub, in particular smaller ones. If you could keep these and leave them, including lids, in to the Hub, Heather Currie would really appreciate it.



CAP Money Course

New CAP money course starts on Saturday 12th Feb at 9.45am. Further details near the time. Email admin@lowe.church to register interest.

Shoeboxes

Thank you to everyone from Lowe who donated shoeboxes and money towards them. Samaritan's Purse collected 26,170 from Northern Ireland which is an increase on last year and they are very greatful for all of the support and kindness for shown towards this project.

Eco Award

Lowe Church were delighted to receive our Eco Congregation Ireland Awareness Award recently. This award is for completing the ECI 'Environmental Check-up for your Church' which looks at what we do as a church from an eco-perspective. It's a great encouragement to us here at Lowe to get this award and recgonise what we are already doing and what we can do in the future to care for God's creation as church."





February on the Floor

This February the Promiseland kids have accepted the challenge of spending one night sleeping on the floor to raise money to buy a bed for a family in Ethiopia. There are families who spend every night sleeping on the cold, hard floor so we are taking on the Stand-By-Me 'February on the Floor' challenge so that they no longer have to and instead can sleep in a comfortable bed.

Maybe you would like to join us in the challenge? Or if that all sounds too much you could consider donating on our dedicated Promiseland stand-by-me donation page where you can also get some more info about the challenge. A night of discomfort for us will be completely worth it as we know that a bed will transform a family's life. We look forward to sharing with you all in the near future about how we got on! https://www.standby.me/appeals/promiseland-team-s-february-on-the-floor?share=true

Griefshare

In conjunction with South Belfast Presbytery, we are pleased to be hosting the first of the GriefShare Support Groups here at Lowe.

The first of the 13 weekly sessions will be on Friday 11th February from 10.30 -12.30 in The Seminar Room. If you would like to sign up or to find out more information please contact Julie on 07305 839694 or pastoral@lowe.church. The aim of these sessions is to help and encourage you after the death of a spouse, child, family member or friend; please note it need not be a recent death rather for anyone struggling after loss. More information will follow.

Prime Time Seniors Bible Study restarts Tuesday 8th Feb at 2pm in the seminar room. Health and safety measures in place. Masks must be worn and social distance in place. Bring your own Bible. If you plan to come please let me know in advance - 07554384682 or email ossie.mcauley@tiscali.co.uk. Thanks Ossie



The LORD make his face to shine upon you (Numbers 6:25)

- We pray for the well-being of the entire Madlener family, but especially for Cecilia who has to travel quite a distance each day to and from her work as a nurse. Pray for safety while travelling and that she may be able to rest at night. Pray also that she may be successful in her application to change hospitals so that she will be closer to home and therefore be able to spend more time with the family. Werner too has a lot of travelling in the course of his work, so we pray also for safety and good health for him. Michelle continues to be blessed from her time on the OM boat and we give thanks for the benefit she is to others, none the least as she learns to pilot the vessel. Let us also remember the two children still at home as they attend school and assist at home.
- As we think of those folk who live within our parish boundary, we pray for residents of some
 of the streets between the Crossroads and the railway, namely Grangeville Gardens,
 Donegall Park and Marguerite Park. We pray God's blessing on them and the work they may
 do, or, if retired, for companionship and a sense of well-being. We pray that as we near the
 start of Lent, their thoughts may turn towards the Easter story and the blessings it brings.
- For our congregation, we pray for the completion of the last few, relatively minor, tasks to be done at the conclusion of Project Glorify. We give thanks that the work has proceeded without injury or any major delays, and we give thanks for the standard of the skills of the workforce. We pray for all who are considering how and when to re-open activities, that their decisions may result in increasing membership of, in particular, the youth organisations and also larger attendances at church services. In this context we pray especially for the recommencement of the Tuesday Circle and that more senior citizens may be encouraged to join in this very worthwhile activity.
- Finally, we think of the fear, confusion, hatred and bloodshed which is sweeping so much of our world. Pray for Nigeria where there is inter-tribal violence; Ukraine where the threat of imminent attack from Russia is frightening people throughout Eastern Europe; China where, despite its current headline status with the Winter Olympics, the persecution of various groups, including Christians, proceeds unabated; in the United Kingdom where confidence in aspects of thepolitical scene is waning. For people in all of these locations we pray that God's hand will guide through the gloom to a brighter future.

Amen

Prayer Chain - The Prayer Chain continues to be available for all and confidentiality is assured. Contact Noelle Millar at 90619385 and if no response leave a message. If no response follows please call Hilary Atkinson on 92671848.